

39422

VITAL 1

PLEASE FOLLOW THESE DIRECTIONS WHEN COMPLETING THE FORM:

Use a number two (#2) pencil or a ball-point pen and DARKLY shade bubbles like this → ● NOT like this → ~~○~~ ✓
In order to be eligible to participate in VITAL, it is important that you complete ALL of the 13 questions below.

1. VITAL will study VITAMIN D and FISH OIL in the prevention of cardiovascular (heart/blood vessel) disease and cancer. As a participant, you will be asked to take 2 pills each day (either active or placebo).

Would you be willing to participate in the VITAL study?

No Yes Not sure, but willing to receive additional information

2. What is your age? Younger than 50 50-54 55-59 60-64 65 and older

3. What is your sex? Male Female

4. How would you describe your race (check all that apply)?

American Indian / Alaska Native Black or African American Asian
 Native Hawaiian or other Pacific Islander White Unknown

5. How would you describe your ethnic group?

Hispanic or Latino Not Hispanic or Latino Unknown

6. What is the highest level of education that you have achieved?

Did not complete high school High school diploma or G.E.D.
 Attended or graduated from college Post-college

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7. Have you ever been diagnosed with skin cancer? No Yes

If YES, What type? Melanoma Other skin cancer (e.g., basal cell, squamous cell) Not sure

8. Other than skin cancer, have you ever been diagnosed with another type of cancer (for example: breast, lung, prostate, colon, or other type of cancer)? No Yes

9. Have you ever had a heart attack or a stroke? No Yes

10. Have you ever had coronary bypass surgery (CABG) OR a coronary angioplasty (PTCA, when a balloon is used to open a blockage in an artery) OR a stent? No Yes

11. Not including your diet, how much TOTAL vitamin D do you take each day from supplements such as single tablets of vitamin D, multi-vitamins, calcium supplements (Calcium+D) or drugs that contain vitamin D (Example: Fosamax+D)? Referring to package labels, please add up ALL your non-diet sources of vitamin D.

TOTAL of 800 IU or less/day TOTAL of 801-1000 IU/day TOTAL greater than 1000 IU/day None

12. As a participant in VITAL, you will be asked to limit your TOTAL intake of vitamin D (not from diet) to 800 IU or less per day. Would you be willing to do this? No Yes

13. Do you regularly take individual supplements of fish oil? No Yes

If YES, are you willing to stop taking this fish oil while you participate in VITAL? No Yes

Thank you for completing the form. Please return it in the enclosed pre-paid envelope.